

SEASONS EDGE TRAIL RUN

EVENT GUIDE

Event Location

[Predator Ridge Resort](#)

When you arrive, Park Attendants will be on site to help guide you where to go. Just follow the event signage as you enter Predator Ridge Village and it will lead you around to the backside of Predator Ridge where everything will be happening.

Please plan to **arrive a little early** to give yourself plenty of time to park, check in, and get ready to go.

And one small favor — **please be patient during check-in**. Our wonderful volunteers will be working hard to get everyone through as quickly as possible. A smile and a little patience go a long way, and we promise to get you on your way to the start line soon.

Race Day Schedule

Bib Pickup: 8:30 AM – 9:45 AM

Mandatory Racers Meeting: 9:45 AM

Race Start: 10:00 AM

Meal Service Begins: 11:00 AM

Mandatory: Please bring **photo ID** for bib pickup.

Course Maps & Links

Full clickable course map links are posted here:

10km Course: [\[Link\]](#)

6km Course: [\[Link\]](#)

Start Line Location: [\[Link\]](#)

5km Racers – A Quick Honest Note

I'm going to be straight with you...

It's 6km.

Once we got our feet on the trail and measured it properly, well... this thing happened.

Trailforks lied.

You're getting a bonus kilometre of beautiful singletrack at no extra charge. You're welcome.

It still carries the spirit of a 5km — approachable, spicy, super flow decent, and fun — just with a little extra trail seasoning built in.

10km Racers

You are safe.

It is 10km.

No surprise bonus kilometres. No math tricks. Just a solid, honest 10km of early-season trail running with everything that makes it fun and a little bit spicy.

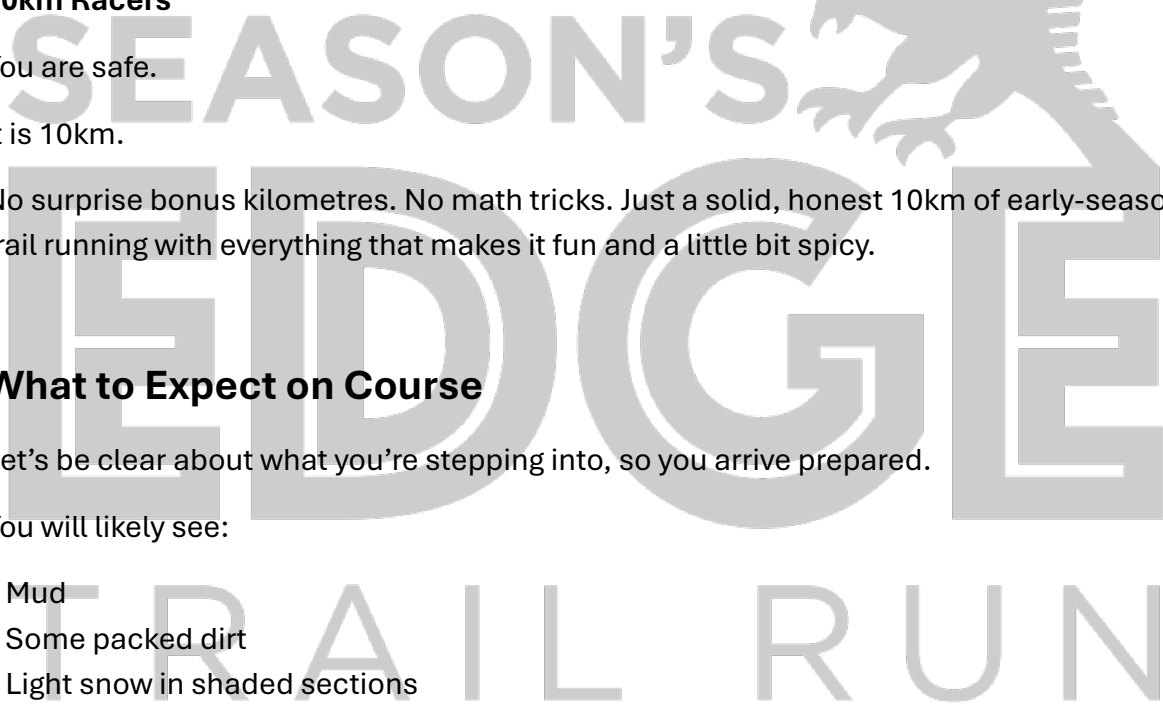
What to Expect on Course

Let's be clear about what you're stepping into, so you arrive prepared.

You will likely see:

- Mud
- Some packed dirt
- Light snow in shaded sections
- A properly spicy climb
- Some techy descents (10km course)
- Flowing singletrack
- Early season trail conditions

Conditions will vary. Trail shoes with solid grip are strongly recommended.



Strategy Tip

Tap it cool in the first half.

You are going to climb.

If you push too hard early, that spicy section will feel much harder than it needs to. Run smart. Hike strong when needed. Descend controlled. This course rewards patience and effort.

Aid station

There will be water and Tailwind provided by The Starting Block Vernon at the start/finish line, and some other small snacks, please bring what you need with you.

This is a **cup-less event**, please bring your own drinking containers.

Washrooms

Washrooms will be located close to the start/finish line

Waivers

Please complete the [Predator Ridge waiver online prior to race day](#).

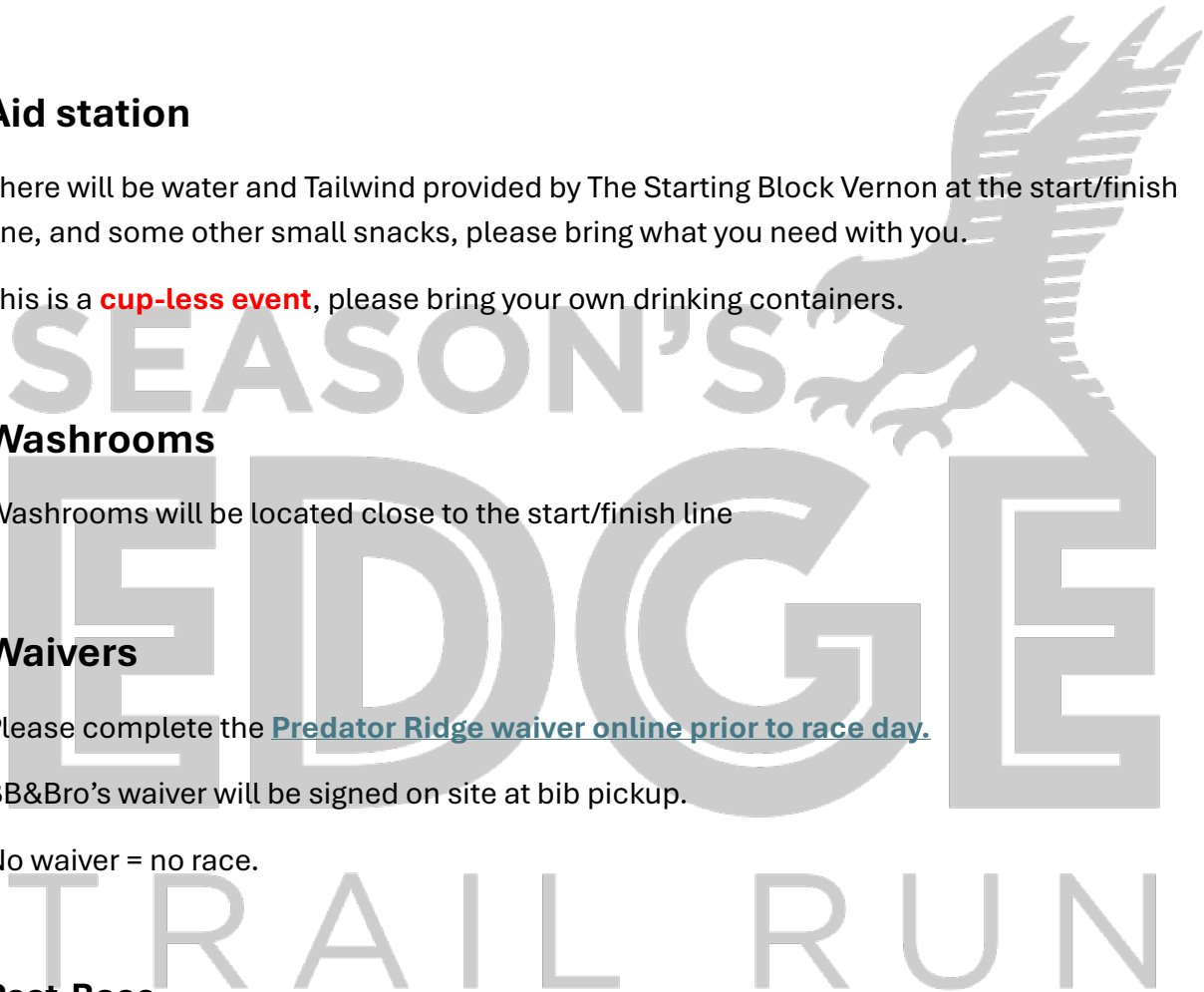
BB&Bro's waiver will be signed on site at bib pickup.

No waiver = no race.

Post-Race

Meal service begins at 11:00 AM.

Stick around. Eat. Cheer others in. High five your fellow racers. This is part of the experience.



The Vibe

We are excited to be collaborating with Predator Ridge to bring you a grassroots, simple, low-cost, high-fun event.

This is meant to feel welcoming.

It's meant to feel real.

It's meant to feel like trail community.

Invite your family and friends to come and cheer you on

If you have any questions or concerns leading into race day, please reach out at bushbabestailrunning@gmail.com. We want you arriving confident, prepared, and ready to enjoy the day.

See you at the start line.

RD: Dawna Jodoin and the Events Team



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